



BACK 2 BASICS ST. JOHN'S OUTLINE

SUNDAY OCTOBER 5, 2025 – 12 & UNDER

9:00 AM – 9:30 AM	REGISTRATION
9:30 AM – 10:00 AM	WARM UP
10:00 AM – 11:00 AM	CLASS 1
11:00 AM – 12:00 PM	CLASS 2
12:00 PM – 12:15 PM	BREAK
12:15 PM – 1:15 PM	CLASS 3
1:15 PM – 2:00 PM	LUNCH
2:00 PM – 3:00 PM	CLASS 4
3:00 PM – 3:30 PM	PHOTOS / Q&A



BACK 2 BASICS ST. JOHN'S OUTLINE

SUNDAY **OCTOBER 5, 2025** - **13 & OVER**

3:00 PM - 3:30 PM

REGISTRATION

3:30 PM - 4:00 PM

WARM UP

4:00 PM - 5:00 PM

CLASS 1

5:00 PM - 6:00 PM

CLASS 2

6:00 PM - 6:30 PM

BREAK

6:30 PM - 7:30 PM

CLASS 3

7:30 PM - 8:30 PM

CLASS 4

8:30 PM - 9:00 PM

IMPROV