



# WINTER INTENSIVE FREDERICTON OUTLINE

SUNDAY JANUARY 25, 2026 – 12 & UNDER

9:00 AM – 9:30 AM

REGISTRATION

9:30 AM – 10:00 AM

WARM UP

10:00 AM – 11:00 AM

CLASS 1

11:00 AM – 12:00 PM

CLASS 2

12:00 PM – 12:15 PM

BREAK

12:15 PM – 1:15 PM

CLASS 3

1:15 PM – 2:00 PM

LUNCH

2:00 PM – 3:00 PM

CLASS 4

3:00 PM – 3:30 PM

PHOTOS / Q&A



# WINTER INTENSIVE FREDERICTON OUTLINE

SUNDAY JANUARY 25, 2026 – 13 & OVER

|                   |              |
|-------------------|--------------|
| 3:00 PM – 3:30 PM | REGISTRATION |
| 3:30 PM – 4:00 PM | WARM UP      |
| 4:00 PM – 5:00 PM | CLASS 1      |
| 5:00 PM – 6:00 PM | CLASS 2      |
| 6:00 PM – 6:30 PM | BREAK        |
| 6:30 PM – 7:30 PM | CLASS 3      |
| 7:30 PM – 8:30 PM | CLASS 4      |
| 8:30 PM – 9:00 PM | IMPROV       |