



# BACK 2 BASICS ST. JOHN'S OUTLINE

SUNDAY OCTOBER 5, 2025 – 12 & UNDER

|                     |              |                |
|---------------------|--------------|----------------|
| 9:00 AM – 9:30 AM   | REGISTRATION |                |
| 9:30 AM – 10:00 AM  | WARM UP      | Justina Janzen |
| 10:00 AM – 11:00 AM | TAP          | Justina Janzen |
| 11:00 AM – 12:00 PM | CONTEMPORARY | Linda Garneau  |
| 12:00 PM – 12:15 PM | BREAK        |                |
| 12:15 PM – 1:15 PM  | HIP HOP      | Mindy Conto    |
| 1:15 PM – 2:00 PM   | LUNCH        | LUNCH          |
| 2:00 PM – 3:00 PM   | JAZZ         | Amy Wright     |
| 3:00 PM – 3:30 PM   | PHOTOS / Q&A |                |



# BACK 2 BASICS ST. JOHN'S OUTLINE

SUNDAY **OCTOBER 5, 2025** – **13 & OVER**

|                   |              |                |
|-------------------|--------------|----------------|
| 3:00 PM – 3:30 PM | REGISTRATION |                |
| 3:30 PM – 4:00 PM | WARM UP      | Justina Janzen |
| 4:00 PM – 5:00 PM | TAP          | Justina Janzen |
| 5:00 PM – 6:00 PM | CONTEMPORARY | Linda Garneau  |
| 6:00 PM – 6:30 PM | BREAK        |                |
| 6:30 PM – 7:30 PM | HIP HOP      | Mindy Conto    |
| 7:30 PM – 8:30 PM | JAZZ         | Amy Wright     |
| 8:30 PM – 9:00 PM | COOL DOWN    | Improv         |